



Counseling Resources



| BOONTON HIGH SCHOOL

Introduction



Boonton High School Counseling Mission Statement

Our mission as school counselors is to provide a comprehensive, developmentally, age-appropriate school counseling program that is aligned with the American School Counselor Association (ASCA) national standards.

The school counseling program provides students with the framework to be lifelong learners. By forming meaningful partnerships with students, faculty, families, community members of Boonton and Lincoln Park, we empower our students to become successful, fulfilled, contributing members of our society.

Philosophy

The counselors at BHS believe that every student can learn; each student is equipped with a set of unique skills that can be utilized for academic success, personal/social development, and effective post-secondary planning.

Referrals

Each student has unique needs and may need additional counseling services to effectively address issues. Based on a student's identified learning style, behavior, health difficulty, or emergency the counselors may provide an appropriate referral to a community agency or service provider. Students and families may also wish to consult with the school counselors for referrals for counseling during after school hours. The following is a comprehensive, developmentally and age-appropriate referral list of resources in Morris County grouped by specialty which may be useful for the Boonton High School community.



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Crisis Intervention

NJ Department of Children and Families – Mobile Response and Stabilization Services

- Specialty: Mobile Response and Stabilization Services are available 24 hours a day, seven days a week, to help children and youth who are experiencing emotional or behavioral crises. The services are designed to defuse an immediate crisis, keep children and their families safe, and maintain the children in their own homes or current living situation (such as a foster home, treatment home or group home) in the community.
- Location: Mobile
- Contact: 1-877- 652-7624

Saint Clare's Behavioral Health Services

- Specialty: Saint Clare's provides emergency, inpatient, outpatient, and community-based services including medication, education, counselling, and support – designed to help individuals overcome challenges related to stress, mood, psychiatric, and addiction disorders.
- Locations:
 - Psychiatric Emergency/Psychiatric Screening Center: 25 Pocono Rd., Denville, NJ, 07834
 - Wellness and Recovery Center (Crisis Intervention Services): 4 Pocono Rd., Denville, NJ, 07834
 - Other locations in Boonton Township and Parsippany, NJ
- Contact: 973-625-6150

Substance Abuse Evaluation and Treatment

High Focus Centers:

- Specialty: High Focus Centers provide outpatient addiction rehab services, as well as mental health services, and psychoeducation.
- Location: 1259 Route 46 East, Parsippany, NJ 07054
- Contact: Phone: -973-299-9919; Send a message:
<https://highfocuscenters.pyramidhealthcarepa.com/locations/parsippany/>

New Pathway Counseling Services/SOAR program:

- Specialty: The Student Outreach Athletic Recovery Program (SOAR) is a family centered intensive outpatient substance abuse treatment program for adolescents.
- Location: 321 Changebridge Rd., Pine Brook, NJ 07058
- Contact: Phone: 201-436-1022; Email: new.pathway@verizon.net

Excel Treatment Center

- Specialty: Excel Treatment Center provides substance abuse treatment and intensive outpatient programs to adults and provides traditional and enhanced outpatient services for adults and adolescents. Excel Treatment Center also provides outpatient mental health counseling to adults and adolescents struggling with depression, anxiety, anger and other maladaptive behavior.
- Location: 58 N Sussex Street, Dover, NJ 07801
- Contact: Phone: 973-989-7500; Email: info@exceltreatmentcenter.com

Summit Behavioral Health

- Specialty: Summit Behavioral Health, an addiction treatment facility, offers a detox program, inpatient and outpatient drug rehab, residential treatment 24/7 and provides teens and adolescents outpatient treatment.
- Location: 256 Columbia Turnpike Suite 100N, Florham Park, NJ 07932
- Contact: Phone: 973-593-0090; Send a message: <https://www.summitbehavioralhealth.com/contact-us/>

Daytop New Jersey

- Specialty: Daytop provides treatment to adolescents and adults with addiction, substance use, and co-occurring mental health disorders through residential treatment for adolescents, outpatient treatment for adolescents and adults, a recovery based day school, and a halfway house for adult women.
- Location: 320 West Hanover Ave., Parsippany, NJ 07054
- Contact: Phone: 973-539-5764; Email: pwaller@daytopnj.org

Hope House

- Specialty: Hope House provides outpatient and intensive substance abuse treatment and general mental health counseling. Hope House can fully accommodate Spanish-speaking Morris County residents.
- Location: 19-21 Belmont Avenue, Dover, NJ 07801
- Contact: Phone: 973-361-5555; Email: cfcsinfo@catholicarities.org

Michele Iannucci, CPS, DRCC, LCADC, LPC, Ab. D

- Specialty: Michele Iannucci specializes in clinical psychology and addiction medicine. She is a certified disaster response crisis counselor.
- Location: 14 Smull Ave., Caldwell, NJ 07006
- Contact: 973-216-6815

Trauma & Bereavement

Patricia O'Dell Psychotherapy, MSW, LCSW

- Specialty: Patricia O'Dell specializes in chronic and life threatening illness, grief and bereavement.
- Location: 76 Broadway, Suite 200F, Denville, NJ 07834
- Contact: 973-625-8829

Amber Faryna, MA, LAC

- Specialty: Trauma and bereavement
- Location: 14 Smull Ave., Caldwell, NJ 07006
- Contact: 732-208-4772

Maureen Underwood, LCSW

- Specialty: Trauma, bereavement, and youth suicide
- Location: 43 Maple Ave., Morristown, NJ 07960
- Contact: 973-292-0602

Meg Kallman, ACSW

- Specialty: Trauma and bereavement
- Location: 51 South St., Morristown, NJ 07960
- Contact: 973-267-9599

Michele SanGiovanni, LPC, CTS, DRCC

- Specialty: Michele SanGiovanni works with children, adolescents, and adults on stress, depression, anxiety, loss, problems with relationships, work, school, and more. She is a certified disaster response crisis counselor.
- Location: 100 Hanover Ave., Suite 203, Cedar Knolls, NJ 07927
- Contact: 973-214-3230

NewBridge Counseling Services

- Specialty: NewBridge's services include adult and family counseling, substance abuse treatment and addiction recovery, play therapy for young children, school-based prevention programs, youth employment and education services, and adult day treatment programs.
- Location: 1259 Rt. 46 East, Building 2, Suite 100A, Parsippany, NJ 07054
- Contact: Phone: 973-316-9333; Email: Services@NewBridge.org

Amy Klein, LCSW, CASAC

- Specialty: Amy Klein works with adolescents, adults and families. She has expertise in psychotherapy for addictive disorders, alcohol/drug assessment, cutting, depression, anxiety, self-esteem issues, and more.
- Location: 227 Hamburg Turnpike, Pompton Lakes, NJ 07442
- Contact: 973-616-8535

Lisa LaBrunda, LCSW

- Specialty: Lisa LaBrunda utilizes psychotherapy and hypnotherapy to treat depression and anxiety.
- Location: 170 Changebridge Rd., Bldg B3, Montville, New Jersey 07045
- Contact: 973-317-8299

Psychiatry

Dr. Fauzia Mahmood

- Specialty: Child and adolescent psychiatry
- Location: 170 Changebridge Rd., Unit B3, Montville, NJ 07045
- Contact: 973-808-7007

Dr. Michael Cannella

- Specialty: Psychiatry
- Location: 405 Northfield Ave., Suite 204, West Orange, NJ 07052
- Contact: 973-325-6120

Dr. Mark Faber

- Specialty: Dr. Faber provides psychiatric evaluations for children, adolescents, and adults who may be affected by ADHD, anxiety, depression, and sleep disorders.
- Location: 594 Valley Rd., Upper Montclair, NJ 07043
- Contact: 973-746-6711

Dr. Bruce Greene

- Specialty: Child and adolescent psychiatry
- Location: 405 Northfield Ave., Suite 204, West Orange, NJ 07052
- Contact: 973-325-6120

Education Consultants

Stepping Forward Counseling Center

- Specialty: SFCC provides integrated, therapeutic treatment programs, self-esteem building, and educational services.
- Location: 26 Main St., Chatham, NJ 07928
- Contact: Phone: 973-635-6550; Email: steppingforwardcounseling@msn.com

Academic Excellence Center – Psychologist, PhD, LCSW, LAC, LTDC

- Specialty: AEC provides comprehensive psychological, educational and social evaluations for students. The center provides student counseling, academic and cognitive assessment, parental support and coaching, a child study team, and pet therapy.
- Location: 115 Horseneck Rd., Montville, NJ 07045
- Contact: Phone: 973-454-1587; Email: aecmontville@gmail.com

NewBridge Jobs Plus

- Specialty: NewBridge Jobs Plus provides education and career assistance to young adults, ages 16 to 21, who have dropped out of school.
- Location: 1259 Rt. 46 East Building 2, Suite 100B, Parsippany, NJ 07054
- Contact: 973-335-0666

Psychological and Educational Consulting – Liz Matheis, Psychologist, PhD

- Specialty: Dr. Matheis works with children and adolescents with ADHD, autism, anxiety, and learning disabilities through psychotherapy, educational support, IEP challenges, testing, parent coaching, and family therapy.
- Location: 9 North Beverwyck Rd., Lake Hiawatha, NJ 07034
- Contact: Phone: 973-400-8371; Email: DrLiz@psychedconsult.com

Family Counseling

Family Intervention Services

- Specialty: Family Intervention Services provides outpatient therapy, psychiatric services, crisis intervention, therapeutic counseling, case management, education and support.
- Location: 20 Vanderhoof Ave., Denville, NJ 07866
- Contact: 973-586-5243

Cornerstone Family Programs

- Specialty: Family intervention
- Location: 62 Elm St., Morristown, NJ 07960
- Contact: Phone: 973-538-5260; Email: info@cornerstonefamilyprograms.org

Center for Evaluation and Counseling

- Specialty: Evaluations, testing, and counseling for children and families
- Location: 1719 NJ-10 East, Parsippany, NJ 07054
- Contact: Phone: 973-829-6960; Email: cec@centerforeval.org

Neurology

Neurology Specialists of Morris County – Tatyana Marx, MD

- Specialty: The practice specializes in the prevention, investigation, diagnosis and treatment of all types of neurological disorders that affect the nervous system including the brain, spinal cord, nerves and muscles.
- Location: 101 Madison Ave. Suite 304, Morristown, NJ 07960
- Contact: 973-292-0999

Teen Pregnancy

Planned Parenthood – Morristown Health Center

- Specialty: Reproductive healthcare
- Location: 196 Speedwell Ave., Morristown, NJ 07960
- Contact: 973-539-1364

Hotlines

Saint Clare's Crisis Hotline

- Specialty: For crisis assessment, intervention, and referrals, Saint Clare's professional crisis therapists are available 24 hours a day, seven days a week.
- Contact: 973-625-0280

National Suicide Prevention Lifeline

- Specialty: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
- Contact: 1-800-273-8255

Addictions Hotline of New Jersey

- Specialty: The Addictions Hotline is a free, confidential service available 24/7 which can provide information and referral to substance abuse treatment agencies statewide.
- Contact: 1-844-276-2777

Child Abuse/Neglect Hotline

- Specialty: All reports of child abuse and neglect, including those occurring in institutional settings such as child care centers, schools, foster homes and residential treatment centers, must be reported to the State Central Registry (SCR). This is a toll-free, 24/7 hotline.
- Contact: 1-877-652-2873

Domestic Violence Hotline

- Specialty: The New Jersey Domestic Violence Hotline provides confidential access to domestic violence information and services, including crisis intervention, referral, and advocacy. Bilingual and accessible to the deaf and hearing impaired.
- Contact: 1-800-572-7233

New Jersey Coalition Against Sexual Assault (NJCASA) Hotline

- Specialty: NJCASA connects individuals affected by sexual violence with professionals that provide assistance and referrals. Calls are routed to the closest rape crisis care center.
- Contact: 1-800-601-7200

New Jersey Teen Pregnancy Hotline

- Specialty: Teen pregnancy
- Contact: 1-800-843-5437